



Position Description

Position Title	Psychologist
Employer	The Centre for Perinatal Health & Parenting
If Employee, Agreed Terms	Employee status Health Professionals & Support Services (HPSS) Award Level 3 , Paypoint calculated according to qualifications and skill level
Hours of Work	8.50am -5pm - Part- time or Full-time
If Contractor, Agreed Terms	Facility fee calculated according to sliding scale, directly proportional to number of days worked
Reports directly to	Centre Director

Overview of The Centre for Perinatal Health & Parenting

This unique initiative is a service to families to provide support during parenting from pregnancy through to primary school years. At different times the service will offer a varied array of disciplines and services to families in the Western Region of Victoria and beyond, inclusive of, but not limited to, early parenting consultancy, psychology, occupational therapy, adult & child counselling, art therapy, equine therapy, play therapy, pregnancy & infant massage and yoga.

These services are offered on a non-residential, non-crisis basis in a semi-rural environment conducive to wellness.

Probationary Period/ Development Review

A developmental review will be conducted by the Director at three (3) months from commencement of this position.

Purpose of Position

As a member of the CPH&P Team the Psychologist will participate in the assessment, report-writing, planning and delivery of mental health care to families in the perinatal, early parenting period, and/or beyond. Utilising approaches, such as CBT, ACT and DBT will be necessary. The CPH&P Psychologist will liaise with the clinical team and communicate with stakeholders, as necessary.

The CPH&P Psychologist will also facilitate/co-facilitate parent and/or clinician group education using the Centre facilities. They will also be asked to contribute to the Centre Newsletter and participate in CPH&P marketing requirements, from time to time.



Family Focus

The CPH&P Psychologist ensures the needs of parents and children utilising the services of the Centre are of the highest priority and are addressed promptly. The objective is to exceed the client's expectations.

Duties and Responsibilities

The CPH&P Psychologist has the following duties and responsibilities:

- Provide sensitive and respectful contact with clients, welcoming families and other stakeholders who arrive at the service, ensuring their comfort at all times.
- Provide therapies, as deemed appropriate, including, but not limited to, cognitive behavioural therapy (CBT), acceptance commitment therapy (ACT), dialectic behavioural therapy (DBT). A holistic psychodynamic approach is favoured.
- Provide office-based, phone, on-line, and in-home family mental health consultation in response to referrals to the CPH&P, in a timely manner.
- GP Mental Health Care Plans (MHCP), TAC, VoC, charitable organisations as third party, and/or National Disability Insurance Scheme (NDIS) funding, will be utilised for client care and billing. Some group work may also be billed through these Funds.
- Provide expert knowledge, consultation and liaison with external professionals, including psychiatrists, obstetricians, paediatricians, other psychologists, school teachers, childcare educators, general medical practitioners, maternal and child health nurses, midwives and allied health service providers.
- Provide expert risk assessment of client's potential to inflict harm on self or infant/child.
- Make community-based referral to other agencies, as deemed necessary.
- Plan and facilitate group therapy sessions.
- Regular attendance at self-funded Clinical Supervision, with a qualified supervisor appropriate to perinatal/infant/child mental health, is a requirement and will be funded by the employee.
- Maintain computerised database entry and notes. Use of your own laptop is expected. Database software will be accessible whilst at the CPH&P. Calendar entries for client bookings will be accessed via this database.
- Assistance with correspondence, preparation of documents, educational materials, reports, data collection, research collaboration and funding submissions will be expected occasionally, per Director requirements.
- Participate in team development meetings and facilitate working relationships with colleagues and stakeholders.
- Participate in management of OH&S requirements of the Centre, with consultation from Director.
- Participate in the CPH&P quality assurance questionnaires, for periodic evaluation and improvements in service delivery.

Confidentiality



During the course of your employment you will come in contact with information which is both personal and private, and you are expected to treat all such information in a “strictly confidential manner”.

All CPH&P Team members will thoroughly read and sign the Centre for Perinatal Health & Parenting Confidentiality Agreement prior to commencement of service.

Professional Development

- Actively seeks opportunities for further professional development.
- Attends regular self-funded Clinical Supervision with a qualified clinical supervisor proficient in perinatal/infant/child/ adult mental health approaches, as appropriate.
- Attends self-funded industry-appropriate conferences each year, to maintain currency of knowledge.
- Is eager to learn new skills from CPH&P colleagues and provides learning opportunities for others.
- Attends to the needs of students completing placement at the CPH&P, including providing opportunity for observation in session, and professional discussion for teaching purposes.
- Following 3 month competency review, attendance at further annual development reviews is expected.

Selection Criteria

- An ability to work within the family-centred care ethos of this highly regarded centre for family wellbeing. A genuine ability to relate to children and families, with an understanding and respect for the complexity of parenting.
- Relevant Tertiary Qualification. ie. Masters of Psychology.
- Current registration with the Australian Health Practitioner Regulation Agency (AHPRA), without demerit.
- Current registration with the Australian Psychologists Society (APS).
- A minimum of 2 years of recent experience in the clinical provision of a range of adult mental health services and/or perinatal/infant and/or child mental health services.
- An ability to prepare and facilitate group therapy sessions, with other health professionals.
- Highly developed communication and interpersonal skills, with the ability to treat adult males and females, and children, with sensitivity.
- A proven commitment to the delivery of evidence-based best practice models of service.
- An ability to work effectively and efficiently alongside other members of the team.
- Highly developed computer skills.
- Excellent written communication and organisational skills.
- Demonstrated commitment to developing best practice service delivery with the family as central focus.
- A commitment to ongoing professional development and the importance of quality perinatal/ child/ adult mental health research.
- Ability to work independently and take initiative when appropriate. 3



- Current Working with Children's Check (WWC) and Police Check.
- Current Victorian Driver's License.

Name of Psychologist _____

As occupant of this position I have noted the statement of duties, responsibilities and other requirements as detailed in this document.

Psychologist's signature

Date

CERTIFICATION

The details contained in this document are an accurate statement of the duties, responsibilities and other requirements of the position.

Director's signature

Date